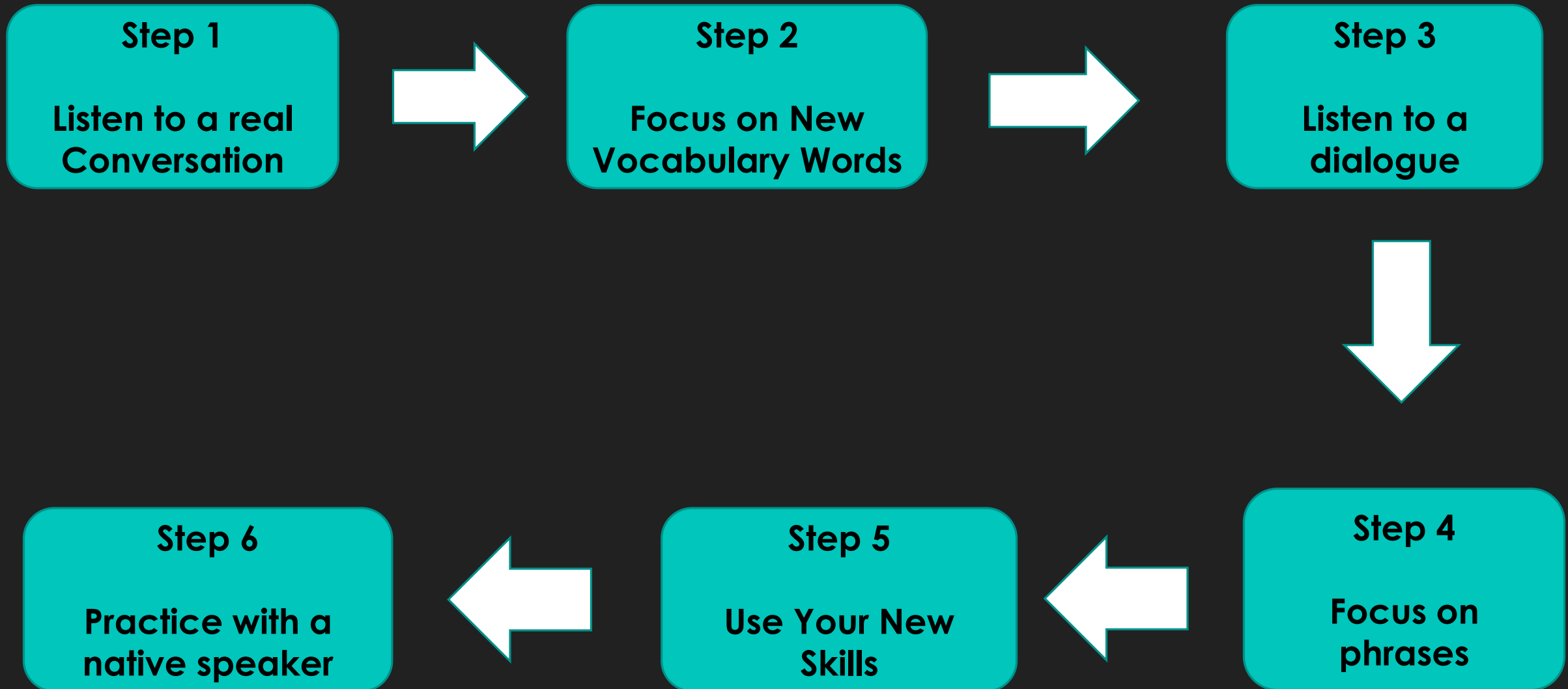




# How to Handle an Emergency in English

## A Vocabulary Lesson

# Our Method



# Step 1: What to Do in an Emergency



**Please listen to Audio Step 1 –What to Do in an Emergency**

**Have you ever been in an emergency? Do you know what to do in an emergency in the US? Find out here.**

**Please view Transcript Step 1- What to Do in an Emergency**

# Step 2: Focus on New Vocabulary Words

**To know first  
aid**

**To know the  
Heimlich**

**To have a  
break- in**

**“Is there a  
doctor  
around?”**

**To choke**

**To pass out**

**“Is there a  
doctor  
around?”**

**Expression**



**This is a way to ask if a doctor is available or nearby.**

***“Excuse me, is there a doctor around? My friend needs help.”***



# To know first aid

Verb



To know the procedure for initial, immediate care of an injury. It is usually performed by non-experts.

*I learned first aid while I was camping in Alaska.*

# To choke

Verb



To stop breathing by obstructing the wind pipe in the throat. This is often caused by a piece of food.

*Once I choked on a chicken bone. It was scary.*

# To know the Heimlich

Phrasal verb



To know a special procedure that is done to dislodge a piece of food that is obstructing the wind pipe.

*I was choking but the restaurant manager knew the Heimlich.*



**To pass out**

**Phrasal verb**

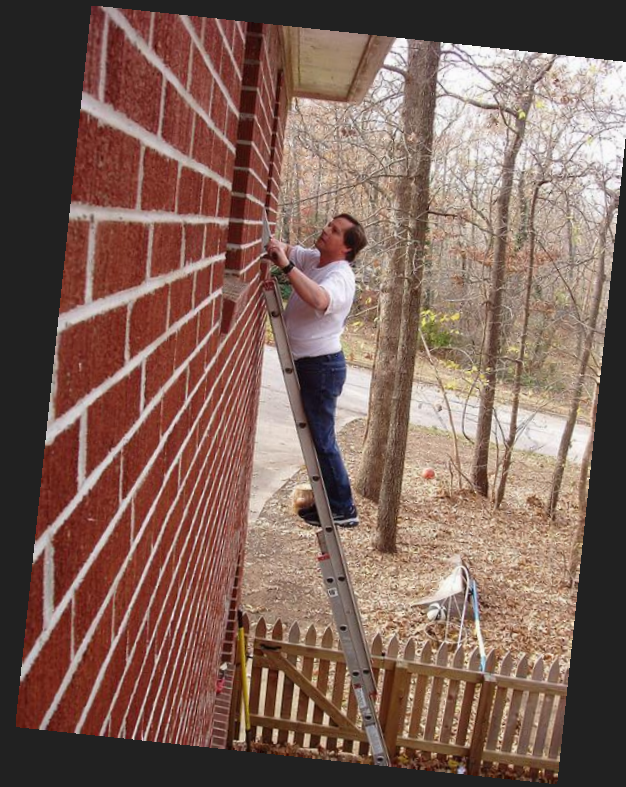


**To lose consciousness**

***The boy passed out on the floor after eating the strange substance.***

To have a  
break- in

Expression



To have an intruder enter your home illegally

*We had a break-in at our place when we were on vacation last winter.*

## Step 3: A Bad Day

Listen to these conversations about three emergency situations.

Listen to Audio Steps 3 and 4- A Bad Day



## Step 4: Focus on the Vocabulary Phrases

Learn the new vocabulary in context!

Please open Transcript Steps 3 and 4 – A Bad Day

- “My husband is choking”
- “Does anyone know the Heimlich maneuver?”
- “I’ll find out if there’s a doctor around.”
- “I almost passed out actually”
- “Do you know first aid?”
- “We’ve had a break-in”



# Bonus! Say It Another Way!

Learn how to say the phrases in a different way!

**Click on the file “Say It Another Way”**

## Step 5: Use Your New Skills

**To pass out**

**To choke**

**To know  
first aid**

**To have a  
break- in**

**To know  
the  
Heimlich**

**Is there a  
doctor around?**

A: I think that man \_\_1\_\_ (has something stuck in his throat) over there!

B: Oh my gosh you are right.

A: Do you know \_\_2\_\_ (the procedure to get someone to stop choking)?

B: No but I'll call someone who does.

A: I just broke my ankle on a rock. Do you \_\_3\_\_ (know how to treat this)?

B: No but I will ask if there is a doctor \_\_4\_\_ (available).

# Answers to Quiz Step 5

- 1- is choking
- 2- the Heimlich
- 3- know first aid
- 4- around

# Prepare Your Vocabulary Cards



To choke

To know  
the  
Heimlich



"Is there  
a doctor  
around?"



To  
know  
first aid



To pass  
out

To have a  
break- in





# Step 6: Practice with a Native

- Have you ever been in an emergency situation where you had to ask **if there was a doctor around?**
- Do you **know first aid** at all? Have you ever had to perform first aid on someone? What did you have to do?
- How do you tend to react in emergency situations? Do you panic or do you stay calm?

**Bonus Conversation 1: Please use the phrases from Say It Another Way**(A= friend, B= friend)

A: (student) Oh my gosh \_\_\_\_\_ (is there a doctor around?)

B: I don't know. Why? What's going on?

A: Well my friend and I tried hiking up that mountain but my friend got his foot stuck in a rock and broke his ankle. I had to carry him all the way down the mountain. Now he is looking weak and we need help.

B: Ok don't panic. I will find someone who \_\_\_\_\_ (knows first aid)

# Bonus Conversation 1 Answers

**Bonus Conversation 1: Please use the phrases from Say It Another Way** (A= friend, B= friend)

A: *(student) Oh my gosh. Is there a medical professional around?*

B: I don't know. Why? What's going on?

A: *Well my friend and I tried hiking up that mountain but my friend got his foot stuck in a rock and broke his ankle. I had to carry him all the way down the mountain. Now he is looking weak and we need help.*

B: Ok don't panic. I will find someone who knows what to do in an emergency.

# Step 6: Practice with a Native

- Have you ever **choked** on anything? Have you ever seen someone choking? How would you react if you saw someone choking?
- Would you **know the Heimlich maneuver** in an emergency? Would you know how to help if someone were choking?

**Bonus Conversation 2: Please use the phrases from Say It Another Way**(A= friend, B= friend)

A: (student) Oh my gosh can you help us? My friend \_\_\_\_ (is choking).

B: Oh no. Where is your friend?

A: She is in the dining hall. I think she's choking on a chicken bone. Do you \_\_\_\_ (know the Heimlich maneuver?)

B: No. I don't know how to do it but I will call someone who does and I'll have them come over right away.

A: Thanks

# Bonus Conversation 2 Answers

**Bonus Conversation 2: Please use the phrases from Say It Another Way**(A= friend, B= friend)

A: *(student) Oh my gosh can you help us? My friend has something stuck in her throat.*

B: Oh no. Where is your friend?

A: *She is in the dining hall. I think she's choking on a chicken bone. Do you know how to get something out of someone's throat?*

B: No. I don't know how to do it but I will call someone who does and I'll have them come over right away.

A: *Thanks*



# Step 6: Practice with a Native

- How well does your body handle heat and hot weather? Have you ever **passed out** in the heat? If so, please describe the situation and what happened. Are there many medical emergencies due to heat stroke in your country in the summer? How hot does it get? How do you deal with the heat in your country?
- Have you ever had a **break-in** or do you know someone who has had one? Please describe what happened and how it happened. Are break-ins common in some parts of your city? What can you do to prevent them?

**Bonus Conversation 3: Please use the phrases from Say It Another Way**(A= friend, B= friend)

A: *(student) Oh my gosh what happened to our place?*

B: It looks like we have had a \_\_\_\_ (break-in).

A: *Oh no. My gold necklace is gone and so is our TV. I can't believe it.*

B: I better call the cops and get them over here to report this. Did we leave the door unlocked or what?

A: *No I think he came through the window.*

# Bonus Conversation 3 Answers

**Bonus Conversation 3: Please use the phrases from Say It Another Way**(A= friend, B= friend)

A: *(student) Oh my gosh what happened to our place?*

B: *It looks like we have had a robbery.*

A: *Oh no. My gold necklace is gone and so is our TV. I can't believe it.*

B: *I better call the cops and get them over here to report this. Did we leave the door unlocked or what?*

A: *No I think he came through the window.*

# Additional Conversation Questions

- In your country and city, what is the most common emergency situation that people face? (earthquakes? Tornadoes? Wild fires? Break-ins?). What kinds of safety measures have been put in place to try to prevent these events or lessen their damage?
- Have you ever considered working as an emergency responder such as a fireman, police officer, or paramedic? Why or why not? If you were guaranteed a great salary and an early retirement, would you work in one of these positions?

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